

1. Those of you who thought you weren't good learners - have you noticed that you're learning easier?
2. Have you really settled in to the fact that all that mental, emotional, energy, heart and physical guidance is actually your FEEL at work - so you don't want to get rid of it - you want to understand the MESSAGE of it. And you want to understand ALL the threads of that message /s. Have you noticed whether that's true or not for yourself yet?
3. Specially the PHYSICAL stuff - the physical aches and pains - are you comfortable that our bodies have a message in those as well? And that understanding those messages - whose they are and what to do about them will pfft LOTS of them really quickly.
4. Have we stopped fighting the MESSAGE more easily? And is the answer to "what is it that has to change?" coming easier because we've stopped fighting it? i.e have the answers to "Is that really true that they ARE messages?" floated up into your knowing yet?
5. How have you been going on your "Is it true that the feeling of willingness and open-ness and curiosity about the message is more important than what the message actually IS?" That the feeling of willingness and curiosity and open-ness about the message means that you can enjoy the journey on the way to solving the 'problem'? Is it true that a whole heap of really crappy feelings will just disappear when we practice being willing and curious and open to understand the message? How's the truth of THAT going?
6. Are you keeping your eye out for the gift in asshole? Have you noticed any assholes who helped you reach YOUR goals or dreams in this last five weeks?

7. Are you keeping a gentle eye out for when you're feeling someone else's stuff and what the message for you is in that?

8. How are you going with your "Is it true that the answer isn't as important as our willingness and curiosity and openness about getting the answer?"

9. Are you comfortable with knowing that intense feelings aren't necessarily yours?

10. What changes places have you gone through in this last five weeks, on the way to your goal or dream?

11. How are you going with that "everything happens for a reason" thing? Have you had any experiences over the last five weeks, of something that seemed crappy actually getting you closer to your goal or dream?

12. Have you given any thought to that destiny question? "Is it true or not that we have a purpose for being on earth at this time? Some of the ancestry stuff we've seen and experienced happening in the clinic comes under that heading hey?"